



American Society of Regional Anesthesia and Pain Medicine



About Us

American Society of Regional Anesthesia and Pain Medicine

Mission Statement

The American Society of Regional Anesthesia and Pain Medicine is the premier organization that addresses the clinical and professional educational needs of physicians and scientists; assures excellence in patient care utilizing regional anesthesia and pain medicine; and investigates the scientific basis of the specialty.

ASRA Vision

The vision of ASRA is to affiliate into one organization all anesthesiologists, other physicians and scientists and thereby promote the advancement of scientific knowledge through education and research about the multi-faceted uses of regional anesthesia and pain medicine for health care.



Become an ASRA Member

The American Society of Regional Anesthesia and Pain Medicine (ASRA) is the largest organization of its kind dedicated to excellence and consistency in the practice of regional anesthesia and pain medicine. With nearly 6,000 members in 60 countries, ASRA is the largest subspecialty organization in anesthesia. Physicians in the United States and Canada are eligible for active membership in the Society, while physicians located overseas may join as associate members. The Society offers membership in the following categories.

Active Membership

Active membership is provided to physicians who are actively engaged in the practice of Anesthesiology and who reside within the United States and Canada. Only active members shall be eligible to hold office in the Society.

Associate Membership

Associate membership is provided to physicians who reside outside the United States and Canada.

Affiliate Membership

Affiliate membership is provided to physicians or scientists who, while not engaged in administering clinical anesthesia, are nevertheless interested in regional anesthesia and pain medicine.

Resident Membership

Resident members shall be individuals in training in anesthesiology programs approved by the Accreditation Council for Graduate Medical Education.

Transitional Membership

Transitional membership is extended to resident members who have completed residency training, for up to 18 months following completion of residency. Transitional members shall not be required to pay dues and may register for Society meetings at the resident fee. Transitional member status shall expire on December 31 the year following the year of completion of residency at which time a transitional member shall be converted to active member status.

Honorary Membership

Honorary membership is provided to those distinguished medical practitioners or scientists who have rendered conspicuous service to the medical profession and whom the Society desires to recognize. Honorary membership is recommended by active members and approved by the Committee on Membership and the Board of Directors.

Life Membership

Life membership is extended to all honorary members, all past Presidents of the Society and all past members of the Board of Directors who have served at least six years on the Board of Directors. Life membership shall also be extended to all recipients of the Distinguished Service Award, the Gaston Labat Lecturer and the John J. Bonica Lecturer, provided the individuals are members of the Society.

Retired Membership

Retired membership is provided to former active, associate or affiliate members for ten consecutive years or more who are no longer in practice. To be eligible for retired membership, an individual must request “retired” status, in writing, from the Committee on Membership.

Membership Benefits

ASRA is the professional organization of and for physicians who are committed to the safe and efficient practice of regional anesthesia and pain medicine. The Society offers a comprehensive range of services specifically for the professional development of regional anesthesia and pain medicine practitioners. Take advantage of these benefits today.

- Support for the role of anesthesiologists in the practice of regional anesthesia and pain medicine.
- Representation in the American Society of Anesthesiologists (ASA) House of Delegates.
- Representation on the ASA Committee on Regional Anesthesia and the ASA Committee on Pain Medicine.
- Subscription to the ASRA quarterly newsletter, *ASRA News*.
- Discounts on registration fees for ASRA CME Programs, including the Society's Annual Regional Anesthesia Meeting and Workshops and the Annual Pain Medicine Meeting and Workshops.
- Resident Travel Scholarships to authors of abstracts selected for presentation at ASRA meetings.

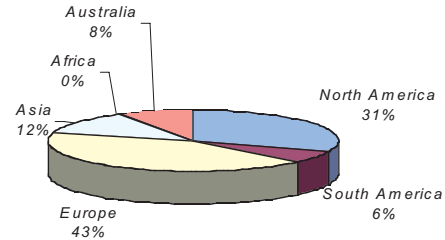
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- Fellowship Scholarships to assist both fellows and institutions in providing fellowships in pain medicine.
 - Funding for regional anesthesia and pain medicine related research through the Society's cooperation with the Foundation for Anesthesia Education and Research (FAER).
 - Interaction with a diverse membership from community and academic practices.
 - Annual subscription to *Regional Anesthesia and Pain Medicine*, the Society's peer-reviewed journal.



Membership Demographics

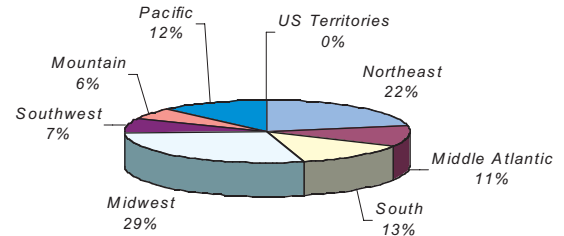
International Membership

ASRA International Membership, one of the fastest growing membership segments, is rapidly approaching 1,000 members represented in 60 countries and six continents, including Canada and Mexico in North America.

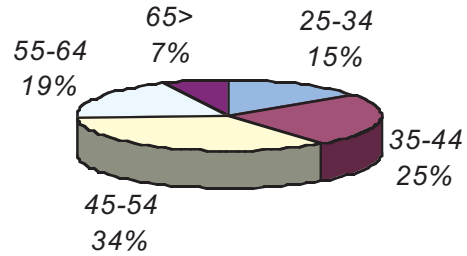


Domestic Membership

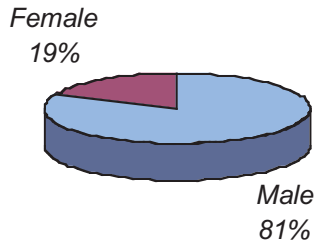
ASRA Domestic Membership is distributed throughout all regions of the continental United States, Alaska and Hawaii, and in U.S. Territories.



Membership by Age



Membership by Gender



Educational Programs

The goals of ASRA CME programs are identified as follows:

1. To provide ongoing educational activities designed to teach practicing physician, residents and fellows and to provide regional anesthesia for the ultimate benefit of the patient.
2. To offer open scientific meetings for the presentation of new clinical insights, research findings, hands-on applications and refresher courses that will enhance the knowledge about the effectiveness and cost-efficiencies of regional anesthesia and pain medicine.
3. To also provide, in a timely fashion, state of the art meetings that deal with specific topics which will enhance the registrants' contemporary knowledge and/or practice.
4. To provide the above in full compliance with the ACCME Essential requirements.
5. To consider joint sponsorship of meetings with non-accredited entities that meet the mission of ASRA.

CME Activities

The American Society of Regional Anesthesia and Pain Medicine has long been recognized as the leader in meeting the CME needs of physicians who practice regional anesthesia and pain medicine. ASRA meeting programs, which are often accredited for up to 30 CME credits, are known for their expert blend of educational programs and social activities. Each meeting is designed to promote the professional development of attendees as well as provide welcomed breaks from hectic practice schedules where participants can relax in an atmosphere that is conducive to renewing acquaintances with colleagues and making new ones. The most often cited comment regarding an ASRA CME activity is “this is the best educational program I’ve attended. I will definitely attend next year’s meeting.” It is no wonder that attendance at ASRA meetings is approaching more than 1,000 participants.

Annual Regional Anesthesia Meeting and Workshops

Often referred to as the “Spring” meeting, the focus of the ASRA Annual Regional Anesthesia Meeting and Workshops is on topics relating to regional anesthesia and acute pain medicine. Each meeting features a comprehensive education program consisting of an array of refresher courses, parallel sessions, general sessions, comprehensive intensive workshops on upper and lower extremity blocks, ultrasound workshops, general workshops, problem-based learning discussion luncheons, oral abstract presentations, poster sessions and poster presentations. Complementing the meeting program are the presentations of the Society’s Distinguished Service Award, the Gaston Labat Lecture, the American Society of Anesthesiologists (ASA) Update by the ASA President-Elect, and updates by leaders from the European, Latin American and Asia-Oceanic Societies of Regional Anesthesia. Rounding out the meeting is an extensive technical exhibition.

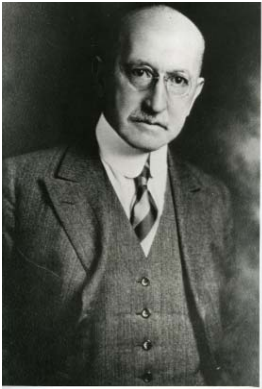
Annual Pain Medicine Meeting and Workshops

Known by many as the “Fall” meeting, topics presented at the Annual Pain Medicine Meeting and Workshops concentrate on the management of chronic pain. A much “looked forward to” feature of the “Pain Medicine Meeting” are cadaver workshops that provide participants with first-hand pain blocks experience. Each meeting program includes refresher courses, parallel sessions, general sessions, problem-based learning discussion luncheons, oral abstract presentations, poster sessions and poster presentations. Also included on the meeting program are presentations of the John J. Bonica Lecture and the ASRA Update. A comprehensive technical exhibition is also featured on the program.

Research

The American Society of Regional Anesthesia and Pain Medicine supports research related to any aspect of local anesthetics and regional anesthesia and their application to surgery, obstetrics and pain control. Research efforts are sponsored through three programs. The Carl Koller Memorial Research Grant and Resident Research Award are completely ASRA funded. ASRA also co-sponsors with the Foundation for Anesthesia Education and Research (FAER) relevant Research Starter Grants.

Carl Koller Memorial Research Grant



The American Society of Regional Anesthesia and Pain Medicine Carl Koller Memorial Research Fund has a total of \$50,000 available biennially to support research related to any aspect of local anesthetics and regional anesthesia and their application to surgery, obstetrics and pain control. The purpose of the grant is to encourage anesthesiologists and other researchers who are interested in this field. The Society, therefore, solicits research grant requests from any of its members for amounts ranging from \$500 to \$50,000.

All requests for funds will be considered and the committee retains the right to divide the available funds in any manner it deems appropriate with agreement of the investigators involved. The grant requests can be for research using laboratory animals or clinical research projects with patients. It is the interest of the Society that these awards should provide “seed money” for preliminary investigations leading to continued work supported by other sources. The awards are not intended, nor should they be used, to supplement ongoing projects. The Koller Memorial Research Grant is awarded on July 1 in even-numbered years, with an application deadline of April 1 that same year.

Resident Research Award

The American Society for Regional Anesthesia and Pain Medicine encourages residents in anesthesiology training programs to become involved in ASRA. To this end, the Society issues a limited number of Resident Research Grants to anesthesiology residents whose scientific abstracts are accepted for presentation at either the ASRA Annual Regional Anesthesia Meeting and Workshops presented each spring, or the ASRA Annual Pain Medicine Meeting and Workshop presented each fall.

These research grants support residents in training with grants of \$1,000 each to attend these meetings. While original research submissions are graded higher, case reports are acceptable. Papers presented at the ASRA meetings are eligible for presentation at subsequent large anesthesia meetings such as the annual meeting of the American Society of Anesthesiologists.

Awards

Gaston Labat Award



The American Society of Regional Anesthesia and Pain Medicine (ASRA) Gaston Labat Award is presented annually at the ASRA Annual Regional Anesthesia Meeting and Workshops to an individual for his or her outstanding contributions to the development, teaching and practice of regional anesthesia in the tradition of Dr. Gaston Labat.

John J. Bonica Award



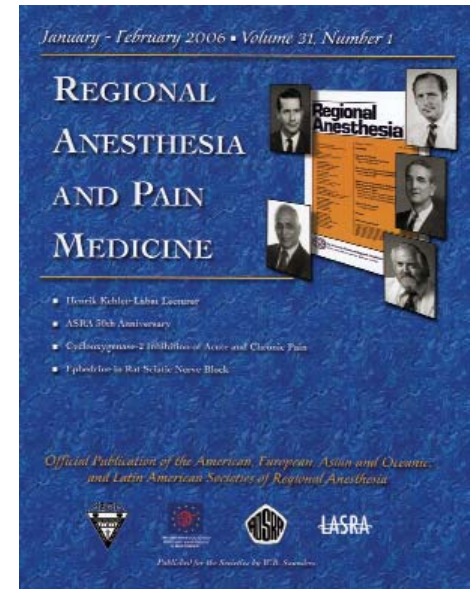
The American Society of Regional Anesthesia and Pain Medicine (ASRA) John J. Bonica Award is presented annually at the ASRA Annual Pain Medicine Meeting and Workshops to an individual for his or her outstanding contributions to the development, teaching and practice of pain medicine in the tradition of Dr. John J. Bonica.

Distinguished Service Award

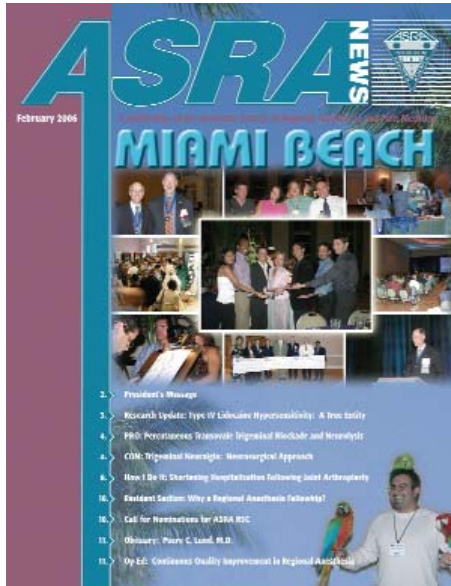
The American Society of Regional Anesthesia and Pain Medicine (ASRA) Distinguished Service Award is presented annually at the ASRA Annual Regional Anesthesia Meeting and Workshops to a pioneer in regional anesthesia and pain medicine in recognition of their outstanding contributions and years of distinguished service to this field of practice.

Regional Anesthesia and Pain Medicine

Your ASRA dues include a subscription to *Regional Anesthesia and Pain Medicine*, the Society's official peer-reviewed journal. Published six times a year, the RAPM publishes original articles, clinical reports, review articles and correspondence relevant to the practitioner concerned with local anesthetics, regional anesthesia and pain management.



Newsletter, *ASRA News*



The *ASRA News* is published quarterly each year in February, May, August and November. Each issue contains information pertinent to the practice of regional anesthesia and pain medicine. Invited guest editors, recognized for their expertise in their fields of practice, prepare articles on such subjects as “Research Updates,” “How I Do It” and “Pro and Con Discussions.” Other regular features in each issue of the newsletter include the “President’s Message,” the “Resident Forum” and reports from our international correspondents. Also included is news of particular interest to practitioners of regional anesthesia and pain medicine, including ASRA meeting reports, ASA updates and other topics of importance to ASRA Members.

Volunteering

The American Society of Regional Anesthesia and Pain Medicine (ASRA) features a structure of committees and task forces comprised of members who volunteer their time and expertise to further the Society's goals and mission. As a volunteer, you not only assist ASRA in developing programs and services that benefit practitioners of regional anesthesia and pain medicine, committee service helps you improve skills important to professional development, including management skills, interpersonal relations skills, communications skills, team-building skills and more. Your volunteer service on an ASRA committee helps to stimulate creative ideas and programs as well as places you on the path toward leadership within the Society.

ASRA members are encouraged to volunteer to serve on any of the Society's committees and task forces.

Committee on Newsletter
Committee on Communications
Committee on Research
Committee on Distinguished Service Award
Committee on the Gaston Labat Award
Committee on John J. Bonica Award
Committee on Education
Committee on Membership
Task Force on Industry Relations
Task Force on Patient Information
Annual Pain Medicine Meeting and Workshops Program Committee
Annual Regional Anesthesia Meeting and Workshops Program Committee
Resident Section



Resident Section

The ASRA Resident Section was founded in 1995:

- to encourage resident interest in regional anesthesia and pain medicine, and to encourage continued membership involvement in residency and beyond;
- to inform residents of the purpose of ASRA in promoting research and education in regional anesthesia for surgery, obstetrics and pain control;
- to participate in resident education regarding the practice and current issues of regional anesthesia and pain medicine;
- to encourage residents to gain experience in organized medical societies, thereby promoting their development as future leaders.

Chair

- Coordinates, edits and submits the May and August ASRA Newsletter Resident Forum;
- Chairs the affairs of the Resident Section and attends the meetings of the Section;
- Coordinates the speakers and topics for the Resident Cracker Barrel Session at the Annual Spring Regional Anesthesia Meeting and Workshops.

Chair-Elect

- Coordinates, edits and submits the November and February ASRA Newsletter Resident Forum;
- Assists the Chair in conducting the affairs of the Resident Section and attends the meetings of the Section;
- Assumes the position of Chair at the end of the first year of duty.

Members-at-Large

- Assists the Chair in conducting the affairs of the Resident Section and attends the meetings of the Section.

Nominations for membership on the Resident Section are solicited annually, with the appointment occurring at the Annual Regional Anesthesia Meeting and Workshops in the spring.

Visit the ASRA Web site for more information at
www.asra.com



**American Society of Regional Anesthesia
and Pain Medicine**

520 N. Northwest Highway • Park Ridge, Illinois 60068-2573
(847) 825-PAIN (7246) • (847) 825-5658 (Fax) • asra@asahq.org
www.asra.com