

## Requirements for Articles Published in ASRA News

1. **Format:** Word document, font at least 12 point, margins 1 inch, indent paragraphs.
2. **Title Page:** Full title, name of each author with academic degrees, positions/titles, institution, city, state/province, country if not USA.
3. **Photo for each author:** Please submit a high-resolution (300 dpi) "head shot" picture. Camera phone shots are fine, but choose the highest file size possible. Avoid tightly cropped photos.
4. **Article length:** 1,000 to 1,200 words for typical articles. "Pro-Con" articles can be longer. Letters to editor should be 500 words or less.
5. **Accompanying images:** Supporting images are welcome. These may be charts, tables, graphs, drawings, or photos. Tables and graphs should be created in Excel or Word. Photos should be of high-resolution, as noted above.
6. **Permissions:** This is an official publication, so copyright must be respected, as with any journal article. Please know the source of any photos/images used from a copyright source, and obtain the proper permission from the publisher who owns the copyright (not the author). Images downloaded from the Web are not necessarily free of copyright ownership and require the same diligence of citation.
7. **References:** Superscripts should be utilized for reference numbers in the text, and these should be numbered sequentially. Place the superscripts outside the punctuation at the end of a sentence or quote. Reference format is the same as that of *Regional Anesthesia and Pain Medicine*.

### Sample references:

#### Print journal article

Buvanendran A, Kroin JS, Li J, Moric M, et al. Relative contribution of adjuvants to local anesthetic for prolonging the duration of peripheral nerve blocks in rats. *Reg Anesth Pain Med* 2016;41:589-92. <https://doi.org/10.1097/AAP.0000000000000453>

#### Online-only article

Kim JH, Choi SH, Jang JH, et al. Impaired insula functional connectivity associated with persistent pain perception in patients with complex regional pain syndrome. *PlosOne* 2017;12:e0180479. <https://doi.org/10.1371/journal.pone.0180479>

List all authors up to 3; if more than 3, list the first 3 followed by "et al."

**Entire book**

Barash PG, Cullen BF, Stoelting RK, et al. *Clinical Anesthesia*. 6th ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2009.

**Chapter in a book**

Goldhaber-Fiebert S, Cooper JB. Safety in anesthesia. In: Dunn PF, Alston T, Baker K, et al. *Clinical Anesthesia Procedures of the Massachusetts General Hospital*. 7th ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2006.

**Software**

*Epi Info* [computer program]. Version 3.5.1. Atlanta, GA: Centers for Disease Control and Prevention; 2008.

**Database**

PDQ: NCI's Comprehensive Database. Bethesda, MD: National Cancer Institute. <https://www.cancer.gov/publications/pdq>. Updated September 13, 2016. Accessed June 21, 2017.

**Website**

ASRA News. Pittsburgh, PA: American Society of Regional Anesthesia and Pain Medicine. Available at: <https://www.asra.com/news-publications/asra-newsletter>. Accessed June 3, 2017.

**Article or page of a website**

George J. Clinical challenge: chronic pain and COVID-19. *MedPage Today*. <https://www.medpagetoday.com/clinical-challenges/pain-management/85857>. Published April 8, 2020. Accessed April 13, 2020.